

Still Mountain Community Meeting—February 14, 2021

1. Topic is Seva—the practice of service. Within the Still Mountain community the question has been raised: how to match people in our Sangha who have a need with those who can provide what is needed.

Some points to consider include:

- what is Seva?
- as a non-profit, giving within our community must be non-monetary
- we have “still social.” Is that enough?
- do we need a larger process, a work group perhaps? What would that look like?
- How can we respect confidentiality, if that is a factor?

facilitator:Walter

minutes:Lisa

-Today is Valentines day. . a reminder to bring our best selves w our hearts open—
Seva is Selfless Service...

Topics discussed included:

- Helping Hand
- Still Social
- How to overcome the difficulty of asking for help
- Would it be useful to create a directory, a list of skills/talents we could offer ?
- Develop a committee
- Respect for anonymity of giver and receiver—for anonymous request.
- Utilize a Facebook system like “Buy Nothing” to cultivate a community of giving and receiving.
- Liaison person to connect givers and receivers
- A softening of the heart felt in the body is part of the process.

-We will continue looking at this issue on discussion Sunday, which is March 14.

2.-We are looking for a mentee for Board treasurer. Please contact any member of the board if interested.

3.-Board would like a small work group or committee to form that would run Community meetings: if interested contact any board member.